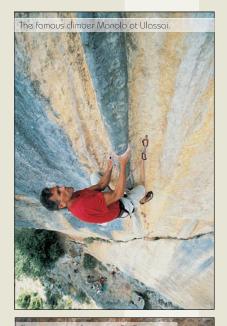
Have you ever asked yourselves why Ogliastra is one of Europe's most famous climbing areas? Where, then, are the mountains that attract so many climbers, including many from far away', who've come to climb on this very special rock? If the Supramonte, with its magnificent seacliffs, gorges and pinnacles is considered, understandably, a climber's paradise, then the "tacchi" of Ogliastra, with their exceptionally high-quality rock, are in the same league.

The first climbs were bolted at Jerzu in 1989, by the strong climber Maurizio Oviglia. Many others followed, and, by the end of the Nineties and thanks to funding from the Jerzu council, there were more than 200 routes, spread across 3

In the last few years the other towns have followed suit, first Osini and then Ulassai, which has become, like Jerzu, a town famous for its climbing. If you consider the potential of the whole area including the towns of Gairo, Seui and Ussassai, we can certainly say that we have here one of Sardinia's largest and finest climbing areas, with a range of climbs that can only grow in the future. The fact that these are some of the island's "coolest" crags, the only places you can climb in the height of summer, should not be overlooked. You should try climbing in the morning or evening then to going to the beach only 15km









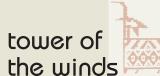
Right above the road that avoids Ulassai's town centre, above the houses, this magnificent grey tower had attracted many people's attention, but had remained virgin until the spring of 2007. The first route couldn't but follow the incredible and beautiful arete, then others were added, all bu the experts hands of Maurizio Oviglia and Cécilia Marchi.

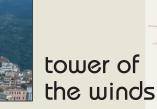
The crag's routes are all very high quality and have been given names chosen by the artist Maria Lai from Ulassai. This is the first time climbing has been linked to art in this way. The Torre is in shade in the afternoon and, as its name suggests, it's often breezy there.

The routes on the Torre

- Tenendo per mano il sole (5c+)
 Tenendo per mano l'ombra (7a)
 All'orizzonte azzurro (6b+)
 Al variar della luna (7a+)
 Legarsi alla montagna (6a)
 Misurando l'infinito (6c+)
 Ellando Stupper pel ciplo (7a)









1- Patchwork (6c+); 2 - Fuori Dimensione (7a+); 3 - Nuova Dimensione (7c+); 4 - Luna nuova (7b); 5 - Alaska (6c); 6 - Occhio non vede (6a+); 7 - Alcatraz (6b); 8 - Messaggi al veleno (6b); 9 - Le mezze verità (6a+), 10 - Acida (7b); 11 - New dada (7c+); 12 - Land att (7b+); 13 - Contaminazioni (7b+); 14 - Pezzi di vetro (7b); 15 - L'ennesimo caffè (6c+); 16 - 100 vie l'anno (6c); 17 - Messaggi subliminali (6b): 18 - Il paese dei tropici (6b); 19 - Glementare Watson (5b); 20 - Class (5c); 21 - I misteri dell'etica (6b+); 22 - Sotto zero (6c+); 23 - Fortunadrago (6b+): 24 - Standing Ovation (6b+); 25 - Scottature (6b+); 26 - Albrasioni (6c+); 27 - Ego sans trip (6c); 28 - Idralitina (6b+); 29 - Maglia (7a); 30 - L'oracolo del sud (7a+); 31 - Stregatto (5b); 32 - Topo gigio (5c); 33 - Tempo da livii (6a); 34 - Octioni of the control of the contro lupi (6a+); 34 - O ci sei o ci fai (6c+); 35 - Non tutti ce l'hanno (7a+); 36 - Synt (7b+)



This splendid wall, discovered in 1992, was christened Isola del Tesoro by the first people to climb the routes there. It is at the same time one of the most characteristic "tacchi" in Ogliastra, but also quite set apart and hidden. The rock is almost perfection, the routes spectacular and the view fantastic. For many, "L'Isola" Sardinia's finest crag, and by extension of one Europe's finest, even if not one of the best known! There you won't find crowds, but the not-easily-forgotten pleasure of climbing with a view as far as you can see towards the high inland







The caves "Grotte Su Marmuri" are

situated a short distance from the town.

They are open to the public and are

Cooperativa Su Bullicciu 0782 79859.

Marmuri is equipped with modern

highly enjoyable experience. The informative guided tour lasts

during the cave visit, there is the

Tourists wishing to stay and savour the

local hospitality and culinary specialities

can do so at the Rifugio d'Ogliastra at

mail:sumarmuri@tiscali.it). Both the Rifugio and the Hotel Su Marmuri

discounts for climbers and walkers, you

can buy and consult topos of all the

climbs, as well as lots of other

entrance to the cave.

(tel ++39 078279003

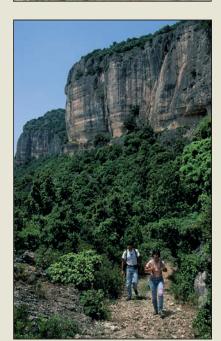
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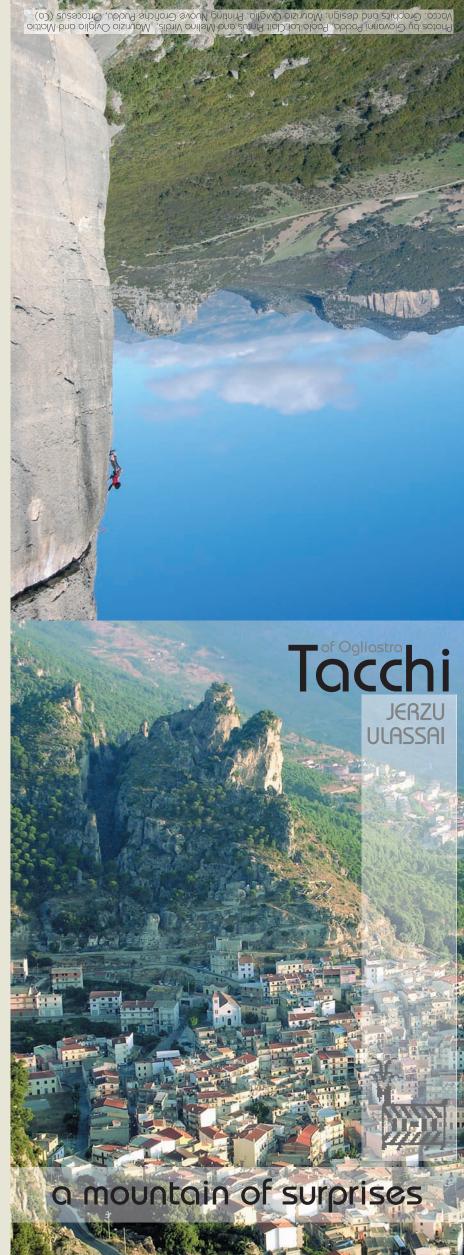


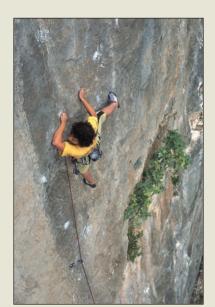


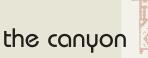


The town's forestry commission have been ivaluable in helping to lay out Ulassai's hikin trails. The trails, leading through marvellous ancient woodland, were carefully chosen to allow walkers to see the best of Ulassai's natural beauty. The ails can be easily followed using the maps in

this of the control of the simple 1 hour walk up to "Bruncu Matzei" on a well-signposted path. From the summit visitors are rewarded with an impressive aerial view of he town, the surrounding area and the mountains can see the whole of eastern Sardinia, from he top of the Gennargentu to the natural nonument of Perda Liana, to the nearby Monte Corongiu and as far as the far-away Sette Fratelli. On the clearest days you can see clearly all the coast around Tortoli, 1000 metres down below ou. The trek starts at the town's typical textile actory "Cooperativa Tessile Su Marmuri". The ractory "Cooperativa lessile Su Marmuri". The building is situated at the entrance to Ulassai, for those coming from Jerzu. The well trodden path, signposted 550, starts directly at the side of the "Cooperative" The trail winds its way up the eastern side of the "tacco" then reaches a broad ledge from which you look onto the plateau. You reach a fork, from where it is necessary to follow the indirections for Pure Matria; Capitalian You reach a fork, from where it is necessary to follow the indications for Bruncu Matzei. Continuing in the wood with a pleasant and easy climb, the trail leads towards the summit, defended by a series of rocks. There is the possibility of a slight detour to visit the "Grotta Matzei" (Matzei Cave). The cave runs 150 metres into the hillside and its worth a visit. The trail they average the reach. s worth a visit. The trail then overcomes the rocks on the south side of the mountain and soon eaches the summit. Here a rock slab provides he ideal viewpoint from which to admire the well-earned view down to the houses of the village (45-60 mins).The return trek is by means of the same route as far as the junction, from of the same route as far as the pitchoff, from where you can take the path that leads through the narrow "Su Stampu" mountain pass (signs for "Discesa Barigau"). Be careful on the rocky sections, Alternatively, and longer, via the "Scala e Predi", on the western side of the mountain. this second case you come back into the town ollowing a little road that runs alongside the whole length of the tacco.(1.5 hours from the







Ulassai's canyon, situated just above the cown, is regarded as one of Sardinia's best climbing sites. The canyon's vertical walls have been equipped for climbing thanks to help provided both by Ulassai's Proloco and the expert hands of Sardinia's amous climbers Maurizio Oviglia, Simone Sarti and Flady[P2] Selis.

The limestone canyon provides an ample range of possibilities to satisfy both the novice and the expert climber. In addition the canyon has the added bonus of being cool and fresh throughout the year, even in the summer when the hot weather makes climbing in other places in Sardinia difficult.

The name "Tacchi" refers to the inland area of Sardinia, part of the Ogliastra region, characterised by high limestone cliffs which look like upturned shoe heels ("tacchi" means "heels" in Italian). Although you're only a short distance from the splendid beaches of the east coast, this area at between 700 and 1000m altitude is to all intents and purposes "mountain". The countryside of the comunes (municipalities) of Jerzu, Ulassai and Osini is characterised by the rocky limestone crags which give the region, and also the recentlycreated natural park, the name of the "tacchi".

You can find all manner of wonders in only a few square kilometres: from the distinctive limestone "tacchi", which climbers from all over the world come to climb, to the caverns of Su Marmuri, well-equipped for visits, and among Sardinia's most famous. From the high, bubbling waterfalls to the woods of oak and strawberry trees of the Taccu plateau, crisscrossed by well-marked paths ideal for easy and invigorating walks and exciting mountainbike rides. Everything seems arranged so that you can combine nature's wild fascination and the island's traditions with the beautiful coastline only 20 minutes' drive away.

The typical architecture of the ancient Sardinian towns is almost completely preserved in the centres of the villages here. In Ulassai we can admire some typical arches arcades and several other buildings from which, right to this day, you can sense the pungent smell of the past. There are as well many works of modern art, among which those of the Sardinian artist Maria Lai, to whom a permanent museum, the Stazione dell'Arte, has been dedicated.



The "Tacchi" of Ogliastra



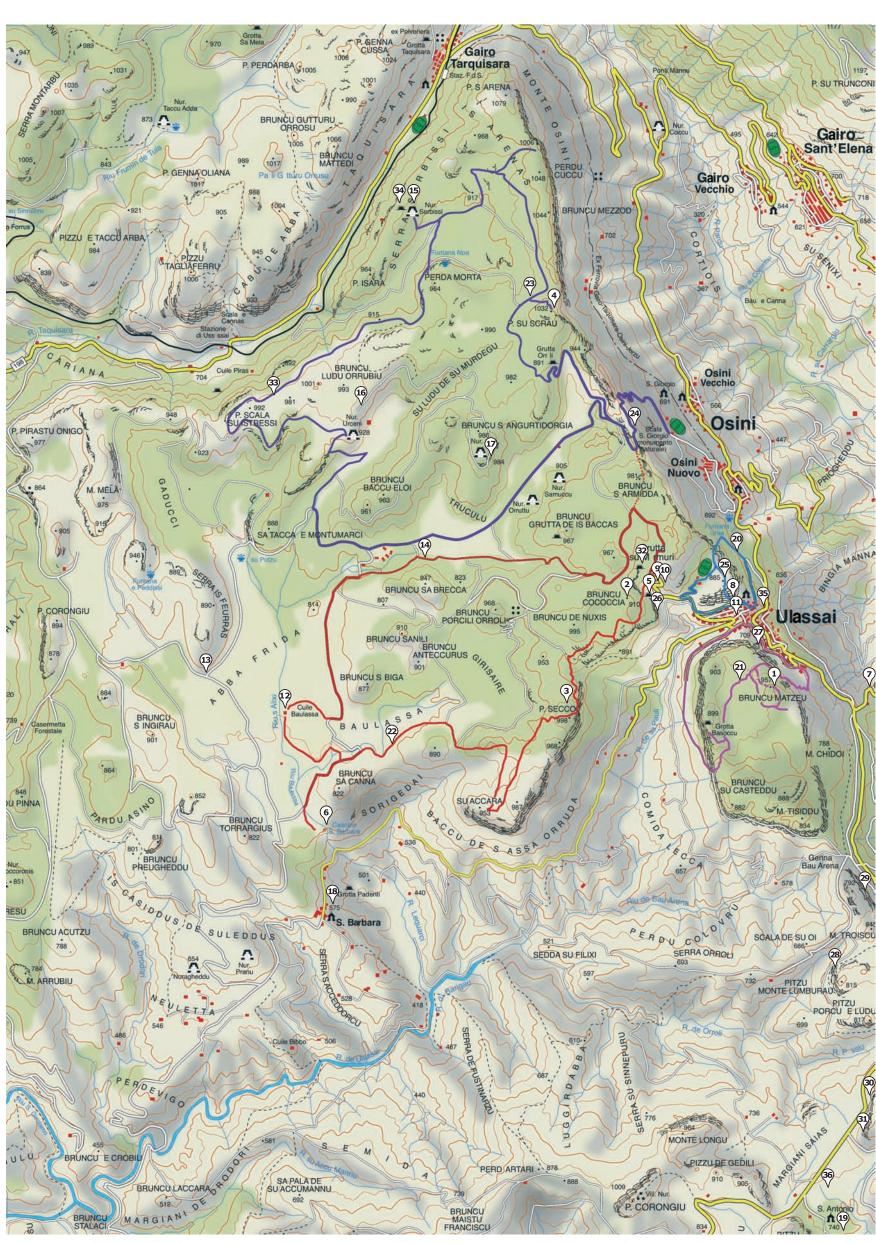












THE TACCHI OF OGUASTRA

View points

Waterfalls

- Cascate di Santa Barbara

Museums - Stazione dell'arte

Monuments

Dinosauro

- Lavatoio (wash house)
- Casa delle inquietudini
- Gioco dell'oca

Picnic areas

- 4 Sa Brecca
- Archaeological areas
- Nuraghe Urceni

Churches

Santuario di Santa Barbara 19 - Santuario di Sant'Antonio

- blue)Sa Tàppara (0,45 h)
- 22 (red)Sent. dei Tacchi (4 h)
- 23 (violét) Sentiero dei nùraghe o MTB (6,30/8 h)

Sport climbing crags

- Canyon (Sa Tàppara)
- Cascata Lecorc
- Torre dei venti

- 29 Palazzo d'Inverno
- 31 Danze verticali

Caverns

- 32 Grotte di Su Marmuri 33 Grotta Su Lioni
- 34 Grotta Nuraghe Serbissi

Hotels

35 - Hotel Su Marmuri www.hotelsumarmuri.com

sumarmuri@tiscali.it tel. 0039 0782 79003

36 - Rifugio d'Ogliastra www.rifugiodogliastra.net

rifugiogliastra@tiscali.it tel. 0039 3206063728

Restaurants

36 - Rifugio d'Ogliastra

Useful numbers

Escursioni a 4 ruote: tel. 3395881134 Guardia medica: tel. 0782 70170

Services for visitors

MTB hire and guided tours www.itacchidogliastra.it tel. 328 2941901 - 340 8117877 Eng

Cardedu Kayak: tel. 0782 75185 Grotte Su Marmuri: tel. 0782 79859

Art Museum Maria Lai Cooperativa Tessile: tel 0782 79076

w.scuba-dooservice.com Boat trips on the sea

www.mareogliastra.com - tel. 348 7301729

Ogliastra Diving: tel. 3288984163

